



Annual Report  
October 2022

2022/23 EVENT CALENDAR

|           | October | November | December | January | February | March | April | May | June | July | August | September | October |
|-----------|---------|----------|----------|---------|----------|-------|-------|-----|------|------|--------|-----------|---------|
| Monday    | 31      |          |          | 30      |          |       |       | 1   |      | 31   |        |           | 30      |
| Tuesday   |         | 1        |          |         |          |       |       | 2   |      |      |        |           | 31      |
| Wednesday |         | 2        |          |         |          |       |       | 3   |      |      |        |           |         |
| Thursday  |         | 3        |          |         | 1        |       |       | 4   |      |      |        |           |         |
| Friday    |         | 4        |          |         | 2        |       |       | 5   |      |      |        |           |         |
| Saturday  |         | 5        |          |         | 3        |       | 1     | 6   |      | 1    |        |           |         |
| Sunday    |         | 6        |          |         | 4        |       | 2     | 7   |      | 2    |        |           |         |
| Monday    | 2       | 7        |          | 1       | 5        |       | 3     | 8   |      | 3    |        |           |         |
| Tuesday   | 3       | 8        |          | 2       | 6        |       | 4     | 9   |      | 4    |        |           |         |
| Wednesday | 4       | 9        |          | 3       | 7        |       | 5     | 10  |      | 5    |        |           |         |
| Thursday  | 5       | 10       |          | 4       | 8        |       | 6     | 11  |      | 6    |        |           |         |
| Friday    | 6       | 11       |          | 5       | 9        |       | 7     | 12  |      | 7    |        |           |         |
| Saturday  | 7       | 12       |          | 6       | 10       |       | 8     | 13  |      | 8    |        |           |         |
| Sunday    | 8       | 13       |          | 7       | 11       |       | 9     | 14  |      | 9    |        |           |         |
| Monday    | 9       | 14       |          | 8       | 12       |       | 10    | 15  |      | 10   |        |           |         |
| Tuesday   | 10      | 15       |          | 9       | 13       |       | 11    | 16  |      | 11   |        |           |         |
| Wednesday | 11      | 16       |          | 10      | 14       |       | 12    | 17  |      | 12   |        |           |         |
| Thursday  | 12      | 17       |          | 11      | 15       |       | 13    | 18  |      | 13   |        |           |         |
| Friday    | 13      | 18       |          | 12      | 16       |       | 14    | 19  |      | 14   |        |           |         |
| Saturday  | 14      | 19       |          | 13      | 17       |       | 15    | 20  |      | 15   |        |           |         |
| Sunday    | 15      | 20       |          | 14      | 18       |       | 16    | 21  |      | 16   |        |           |         |
| Monday    | 16      | 21       |          | 15      | 19       |       | 17    | 22  |      | 17   |        |           |         |
| Tuesday   | 17      | 22       |          | 16      | 20       |       | 18    | 23  |      | 18   |        |           |         |
| Wednesday | 18      | 23       |          | 17      | 21       |       | 19    | 24  |      | 19   |        |           |         |
| Thursday  | 19      | 24       |          | 18      | 22       |       | 20    | 25  |      | 20   |        |           |         |
| Friday    | 20      | 25       |          | 19      | 23       |       | 21    | 26  |      | 21   |        |           |         |
| Saturday  | 21      | 26       |          | 20      | 24       |       | 22    | 27  |      | 22   |        |           |         |
| Sunday    | 22      | 27       |          | 21      | 25       |       | 23    | 28  |      | 23   |        |           |         |
| Monday    | 23      | 28       |          | 22      | 26       |       | 24    | 29  |      | 24   |        |           |         |
| Tuesday   | 24      | 29       |          | 23      | 27       |       | 25    | 30  |      | 25   |        |           |         |
| Wednesday | 25      | 30       |          | 24      | 28       |       | 26    | 31  |      | 26   |        |           |         |
| Thursday  | 26      |          |          | 25      | 29       |       | 27    |     |      | 27   |        |           |         |
| Friday    | 27      |          |          | 26      | 30       |       | 28    |     |      | 28   |        |           |         |
| Saturday  | 28      |          |          | 27      |          |       | 29    |     |      | 29   |        |           |         |
| Sunday    | 29      |          |          | 28      |          |       | 30    |     |      | 30   |        |           |         |
| Monday    | 30      |          |          | 29      |          |       |       |     |      |      |        |           |         |
| Tuesday   |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Wednesday |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Thursday  |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Friday    |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Saturday  |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Sunday    |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Monday    |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Tuesday   |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Wednesday |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Thursday  |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Friday    |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Saturday  |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Sunday    |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Monday    |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Tuesday   |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Wednesday |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Thursday  |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Friday    |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Saturday  |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Sunday    |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Monday    |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Tuesday   |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Wednesday |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Thursday  |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Friday    |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Saturday  |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Sunday    |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Monday    |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Tuesday   |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Wednesday |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Thursday  |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Friday    |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Saturday  |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Sunday    |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Monday    |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Tuesday   |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Wednesday |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Thursday  |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Friday    |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Saturday  |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Sunday    |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Monday    |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Tuesday   |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Wednesday |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Thursday  |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Friday    |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Saturday  |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Sunday    |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Monday    |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Tuesday   |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Wednesday |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Thursday  |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Friday    |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Saturday  |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Sunday    |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Monday    |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Tuesday   |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Wednesday |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Thursday  |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Friday    |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Saturday  |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Sunday    |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Monday    |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Tuesday   |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Wednesday |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Thursday  |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Friday    |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Saturday  |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Sunday    |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Monday    |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Tuesday   |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Wednesday |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Thursday  |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Friday    |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Saturday  |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Sunday    |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Monday    |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Tuesday   |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Wednesday |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Thursday  |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Friday    |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Saturday  |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Sunday    |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Monday    |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Tuesday   |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Wednesday |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Thursday  |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Friday    |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Saturday  |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Sunday    |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Monday    |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Tuesday   |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Wednesday |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Thursday  |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Friday    |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Saturday  |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Sunday    |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Monday    |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Tuesday   |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Wednesday |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Thursday  |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Friday    |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Saturday  |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Sunday    |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Monday    |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Tuesday   |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Wednesday |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Thursday  |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Friday    |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Saturday  |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Sunday    |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Monday    |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Tuesday   |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Wednesday |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Thursday  |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Friday    |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Saturday  |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Sunday    |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Monday    |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Tuesday   |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Wednesday |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Thursday  |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Friday    |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Saturday  |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Sunday    |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Monday    |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Tuesday   |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Wednesday |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Thursday  |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Friday    |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Saturday  |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Sunday    |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Monday    |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Tuesday   |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Wednesday |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Thursday  |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Friday    |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Saturday  |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Sunday    |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Monday    |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Tuesday   |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Wednesday |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Thursday  |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Friday    |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Saturday  |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Sunday    |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Monday    |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Tuesday   |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Wednesday |         |          |          |         |          |       |       |     |      |      |        |           |         |
| Thursday  |         |          |          |         |          |       |       |     |      |      |        |           |         |



# Board of Directors



Paul Thorogood



Jared Lougher



Adam Thompson



Helen Arnold-Richardson



Katie Langan



Richard Brice



Tom Horrocks



David Dulieu



John Davies

## Division officers

### East Division

**Chair:** Steve Woods

**Secretary:** Kevin Hudson

**Tournament Supervisor:**  
Stephen Presley

### South Division

**Chair:** Tony Wynne

**Secretary:** Allan Bennett

**Tournament Supervisor:**  
Tony Wynne

### North Division

**Chair:** Gordon Davies

**Secretary:** Dan Andrews

**Tournament Supervisor:**  
Bob McCoy

### West Division

**Chair:** Paul Grenfell

**Secretary:** Paul Kennedy

**Tournament Supervisor:**  
Gary Meredith

# #INSPIRATION2022

Working together with four National Governing Bodies of Sport including Welsh Boxing, charity StreetGames have created an engagement programme to bring sports to the doorsteps of young people living in underserved communities in Wales.

After months of planning, StreetGames were able to offer local participation opportunities, online content, athlete engagement and special behind-the-scenes access to some of the athlete village and the opening ceremony of the Commonwealth Games.

Welsh Boxing provided 100 t-shirts for the youngsters who were taken by coach to Birmingham to watch the Commonwealth Games.

For many, this was the first live sport they had ever experienced, and for some it was the first



time they'd left Wales.

"With thanks to our partners, Commonwealth Games Wales and Sport Wales, bus trips will be departing from eight locations all over Wales," said a representative from StreetGames. "400 young people will have the opportunity to attend a fully funded day trip, with packed lunches and goodies provided, ensuring the trip of a lifetime."

## Sport can change a life

**Commonwealth Games 2022 Bronze medalist Owain Harris-Allan featured in an in-depth article on Wales Online. Here's a taste...**

Owain Harris-Allan has battled ADHD, the death of his mum and a troubled background to become one of Wales' most hotly tipped boxers.

The young boxer, just 18 years old, narrowly lost his semi-final against Ghana's Abraham Mensah on a split decision.

Harris-Allan's route to success has been far from straightforward. Along his way he has battled mental health issues, the traumatic death of his mother and brushes with the law before turning his life around and becoming one of the most highly-rated young boxers in Wales and a future Olympic prospect.

Harris-Allan was seven years old when he first took up boxing at Apollos ABC in Llanedeyrn at his mother Lavinia's encouragement. "I used to fight in school and with all the energy and that my mum took me because of my anger issues. Boxing tired me out and gave me focus and discipline," he said.

A couple of months into his training Harris-Allan won the Welsh Championships. He wasn't even in the running for



*Owain said Apollos 'always kept the door open even when I was doing bad' (Image: Richard Swingler)*

Team Wales' Commonwealth Games cohort until shortly before the event after his impressive form led to him getting called up for some boxing tournaments abroad.

To read more about his journey, look online:

<https://www.walesonline.co.uk/sport/boxing/owain-harris-allan-commonwealth-boxer-24748333>



# 2021/22 Affiliated Clubs

|                    |                      |                       |                     |
|--------------------|----------------------|-----------------------|---------------------|
| Aberaman           | Cwmavon Hornets      | Llanrumney            | Prince of Wales     |
| Abergavenny        | Cwmbran              | Llantwit Major        | Pwllheli            |
| Aberkenfig         | Cwmcarn              | Llay                  | Rhondda             |
| Afan Spartans      | Cwmgors              | Maelor                | Rhose               |
| All Saints         | Cwmgwrach            | Maerdy                | Rhyl                |
| Always             | DC Academy           | Maes G                | St Clare's          |
| ANA                | Denbigh              | Maesteg               | St Joseph's Cardiff |
| Apollo's           | Deva                 | Merlin's Bridge       | St Joseph's East    |
| Ashley Brace BA    | DJ Boxing            | Merthyr Ex-Servicemen | St Michael's        |
| Bargoed            | Dockers              | Mountain Ash          | Shotton             |
| Barry West End     | Dowlais              | Narberth              | Skewen              |
| Bobby's Gym        | Dyffryn              | Neath & Melyn         | Somerton            |
| Bonymaen           | Eastside             | Newport Spartans      | Splott              |
| Brecon             | Fleur de Lys         | Newport Sporting      | Stallion            |
| Briton Ferry       | Gelligaer            | Newtown               | Swansea University  |
| Buckley            | Gilfach Goch         | Ogmore Valley Dragons | Tenby Sharks        |
| Caerau Dragons     | Goodes               | Pantside              | Tiger Bay           |
| Caerau Ely         | Grange               | Pembroke Dock         | Tonteg              |
| Caernarfon         | Grange Catholic      | Penarth               | Tonyrefail          |
| Caerphilly         | Gwent                | Pencoed               | Torfaen Warriors    |
| Calzaghe Acadent   | Gwynfi               | Penyrheol             | Towy                |
| Cardiff University | Heads of the Valleys | Planet Fitness        | Treforest           |
| Cardigan           | Highfields           | Pontyclun             | Trelewis            |
| Carmarthen         | Holyhead & Anglesey  | Pontypool             | Trostre             |
| Celtic Warriors    | Hope & Glory         | Pontypridd            | Tylorstown          |
| Chepstow           | Jack 2 a King        | Port Talbot           | U Box               |
| Clywd              | Kenfig Hill          | Porthcawl             | Warehouse           |
| Coed Eva           | Llandudno            | Portmead              | Welshpool           |
| Colcot             | Llangefni            | Premier               | Welsh Warriors      |
| Counterpunch       | Llanharan            | Prizefighter          | Wrexham             |
|                    |                      |                       | The Yard            |

## Life Members

Eddie Dyer  
Ray Thorogood  
Gary Butcher  
Gordon Davies  
Melvyn Hamer  
Keith Jefferies  
Bob McCoy  
John Waith  
Tony Wynne



John Waith – IBA Technical Delegate

Mark Williams – IBA Instructor & Evaluator

IBA 2\* Gary Meredith, Phil Parry,  
Stephen Presley

IBA 1\* Mandy Brown, Steve Docherty,  
Mark McCormack, Stan Griffiths

## Commonwealth Games Team 2022



| Name               | Weight | Club             | Result |
|--------------------|--------|------------------|--------|
| Ioan Croft         | 67kg   | Cardigan ABC     | Gold   |
| Rosie Eccles       | 70kg   | Chepstow ABC     | Gold   |
| Taylor Bevan       | 80kg   | Rhose ABC        | Silver |
| Garan Croft        | 71kg   | Cardigan ABC     | Bronze |
| Jake Dodd          | 51kg   | DEVA ABC         | Bronze |
| Owain Harris-Allan | 54kg   | Apollos          | Bronze |
| Zoe Andrews        | 57kg   | Briton Ferry ABC |        |
| Helen Jones        | 50kg   | Premier ABC      |        |
| Haaris Khan        | 75kg   | Grange ABC       |        |

### Support team:

|                |                          |
|----------------|--------------------------|
| Chris Type     | Performance Director     |
| Amy Garrett    | Performance Co-ordinator |
| Colin Jones    | Head Coach               |
| Zack Davies    | Coach                    |
| Connor Gething | Coach                    |
| Martin Anthony | Coach                    |
| Jane James     | Physiotherapist          |
| Jen Roach      | Performance Analyst      |

Also representing Wales  
Mark Williams R&J





# 2021/22 WELSH CHAMPIONS

## Three Nations **ELITE** Champions

### SILVER MEDALS

Leah Regan, 48kg – Somerton Rascals  
Scott Richards, 54kg – Pontypridd  
Zoe Andrews, 57kg – Briton Ferry  
Zac Hickman, 60kg – Somerton Rascals  
Carys Mainwaring, 60kg – Llanrumney Phoenix  
Lana Cooper, 63kg – Torfaen Warriors  
Cassius Walker-Hunt, 92kg – Cwmavon Hornets

### BRONZE MEDALS

Kristian Hynes, 54kg – Afan Spartans  
Korben Crocker, 60kg – Premier  
Scott Jones, 63.5kg – Highfields  
Dafydd Jones, 63.5kg – Porthcawl & Pyle  
Liam Taylor, 67kg – Dyffryn  
Orlando Holley-Sotomi, 71kg – St Joseph's (E)  
Morgan McIntosh, 71kg – Cwmavon Hornets  
Aaron Bird, 86kg – Port Talbot Bulldogs  
Connor Williams, 92+kg – Premier

## Three Nations **YOUTH** Champions

### SILVER MEDALS

Cory Jones, 51kg – Maelor  
Tia Lynch, 52kg – Porthcawl & Pyle  
Joe Williams, 54kg – Maerdy  
Josie Lewis, 54kg – Caerau Dragons  
Cole Rees, 63.5kg – Porthcawl & Pyle  
Luke Corcoran, 71kg – Llandudno

### BRONZE MEDALS

Morgan Smith, 57kg – Maerdy  
Axel Hegarty, 60kg – St Joseph's (E)

## Three Nations **JUNIOR** Champions

### SILVER MEDALS

Gavin Alexander, 40kg – Premier  
Ffion Wilmott, 54kg – The Yard  
Alfie Lewis, 60kg – Llandudno  
Shay-Marie Jenkins, 60kg – Apollos  
Samson Lowry, 75kg – Clwyd

### BRONZE MEDALS

Tyler Ford, 42kg – Cwmavon Hornets  
Rhys Edwards, 46kg – Ogmore Valley  
Joel Harris, 48kg – Rhoose  
Lucas Tovey, 54kg – Trelewis  
Keegan Jones, 57kg – Dyffryn  
Dillan Smith, 63kg – Maerdy  
Milwyn Lloyd, 66kg – Llay  
Zayn Burke, 70kg – St Joseph's (E)  
Daniel Pitt, 80+kg – Brecon Phoenix

## Three Nations **SCHOOLS** Champions

### SILVER MEDALS

Anthony Gregg, 35.5kg – Rhoose  
Wilander Ordinado, 37kg – Chepstow  
Levi Thomas, 42kg – Pontyclun  
Ashton Fox-Price, 46kg – Apollos  
Skye Taylor, 48kg – Premier  
Sam McCann, 54kg – Splott  
Billy Tom Janes, 57kg – Highfields  
Mary-Teresa O'Brien, 57kg – Briton Ferry  
Alfie James, 60kg – Cwmgors

### BRONZE MEDALS

Brody Hart, 40kg – Kenfig Hill  
Terry Mullane, 48kg – Chepstow

## Three Nations **SCHOOLS** Champions

### GOLD MEDALS

Kayden Wallace, 38.5kg – Premier  
Troy Hayer, 44kg – Premier

## NATIONAL Champions

### ELITE

Darren Hughes, 92kg+ – Heads of the Valleys  
Cassius Walker Hunt, 92kg – Cwmavon Hornets  
Aaron Bird, 86kg – Port Talbot Bulldogs  
Nathan Jones, 80kg – Briton Ferry  
Levi Griffiths, 75kg – Cwmavon Hornets  
Orlando Holley Sotomi, 71kg – St Joseph's (E)  
Liam Taylor, 67kg – Dyffryn  
Dafydd Jones, 63.5kg – Porthcawl and Pyle  
Zac Hickman, 60kg – Somerton Rascals  
Carys Mainwaring, F60kg – Llanrumney Phoenix  
Scott Richards, 54kg – Pontypridd

### YOUTH

Harrison Pugh, 80kg – Cwmbran  
Finley Davies, 75kg – Trostre  
William Bennett, 67kg – Torfaen Warriors  
Cole Rees, 63.5kg – Porthcawl and Pyle  
Axel Hegarty, 60kg – St Joseph's (E)  
Morgan Smith, 57kg – Maerdy  
Joe Williams, 54kg – Maerdy  
Tia Lynch, F52kg – Porthcawl and Pyle

### JUNIOR

Zayn Burke, 70kg – St Joseph's (E)  
Milwyn Lloyd, 66kg – Llay  
Dillan Smith, 63kg – Maerdy  
Alfie Lewis, 60kg – Llandudno  
Keegan Jones, 57kg – Dyffryn  
Lucas Tovey, 54kg – Trelewis  
Henry Janes, 52kg – Torfaen Warriors  
Emmanuel Siddorenko, 50kg – Cwmavon Hornets  
Joel Harris, 48kg – Rhoose  
Rhys Edwards, 46kg – Ogmore Valley Dragons  
Gavin Alexander, 40kg – Premier

### SCHOOLS A

Ifan Evans, 60kg – Carmarthen  
Billy Tom Janes, 57kg – Highfields  
Terry Mullane, 48kg – Chepstow  
Ashton Fox Price, 46kg – Apollos  
Hope Price, 44kg – Kenfig Hill  
Gabriel Hegarty, 42kg – St Joseph's (E)  
Daniel Lithgow, 40kg – Pontyclun  
Wilander Ordinado, 38kg – Chepstow  
Anthony Gregg, 36kg – Rhoose

### SCHOOLS B

Smithy Roberts, 75kg – Towy  
Alfie James, 60kg – Cwmgors  
Mary Theresa O'Brien, F57kg – Briton Ferry  
Sam McCann, 54kg – Splott  
Jayden Jones, 52kg – Gwent Swansea  
Reuben Simons, 50kg – Counterpunch  
Skye Taylor, F48kg – Premier  
Troy Hayer, 48kg – Premier  
Levi Thomas, 42kg – Pontyclun  
Brody Hart, 40kg – Kenfig Hill  
Kayden Wallace, 38kg – Premier

### MINOR A

John Coffey, 37kg – St Joseph's (E)  
Ollie Gregory, 35.5kg – Ogmore Valley Dragons  
Alfie Aston, 34kg – Premier  
Deniro Janes, 32.5kg – Panside  
Rocco Crocker, 31kg – Premier

### MINOR B

Archie Preece, 46kg – Rhoose  
Caden Francis, 41.5kg – Premier  
Scott Houlihan, 40kg – Warehouse  
Harry Burnett, 37kg – Apollos  
Cole Pikulski, 35.5kg – Panside  
Lucas Jenkins, 31kg – Premier