



**WelshBoxing**

BocsioCymru

# WELSH BOXING NATIONAL CHAMPIONSHIPS 2024

ELITE, YOUTH AND JUNIOR  
CATEGORIES

## Competitor & Coach Information Pack

13/14 APRIL - PRELIMINARIES

20/21 APRIL - QF/SF

26/27 APR - FINALS

SPORT WALES NATIONAL CENTRE, CARDIFF

# Competition INFORMATION

We have had an excellent number of entries, with 85 clubs and over 300 competitors registering for the National Championships this year. Please find the competition timings below.

## **Saturday 13 April and Sunday 14 April**

### **Preliminary Rounds**

#### **National Boxing Centre (2nd Floor), Sport Wales National Centre.**

Weigh in will run between 7am to 9am each day in the boxing gym.

Boxing will start at 12pm and run until approximately 5pm.

## **Saturday 20 April – Quarter Finals**

### **Main Hall, Sport Wales National Centre.**

Weigh in will run between 7am to 9am in the boxing gym.

Boxing will start at 12pm and run until approximately 6pm.

## **Saturday 21 April – Semi Finals**

### **Main Hall, Sport Wales National Centre.**

Weigh in will run between 7am to 9am in the boxing gym.

Boxing will start at 12pm and run until approximately 6pm.

## **Friday 26 April – Elite Finals**

### **Main Hall, Sport Wales National Centre.**

Weigh in will run between 2pm to 4am in the boxing gym.

Boxing will start at 7pm and run until approximately 10pm.

## **Saturday 27 April – Youth and Junior Finals**

### **Main Hall, Sport Wales National Centre.**

Weigh in will run between 7am to 9am in the boxing gym.

Boxing will start at 12pm and run until approximately 5pm.



# UKAD Anti-Doping

## Random Anti-Doping Testing will be taking place at this years' National Championship.

WABA are committed to keeping our sport clean. This is done by providing education to competitors and coaches, and to implement testing where possible to ensure competition remains fair and safe.

This years' National Championships will see staff from UKAD on site to administer random tests to those athletes competing. These tests could be administered to ANY ATHLETE.

Below are two links that we ask all competitors to complete. If you are a coach reading this, please also watch the resource, complete the links, and actively encourage your athletes to do the same.

### [100% ME eLearning](#)

By clicking on the above title, you will be taken to UKADs learning platform. Please register and complete the E-Learning module prior to attending the first weigh-in.

### [The Testing Procedure](#)

Clicking the above title takes you to a video which explains the testing process that will be adopted during the National Championships. Please watch the video before attending your first weigh-in.

# Warm Up INFORMATION

## **The Warm Up will not be within the arena in which competitors box.**

There will be different warm up areas depending which round of the competition you are competing in, and which colour, red or blue, you are competing in.

For the preliminary weekend (13/14th April), your designated warm up area will be given to you when you complete the weigh-in process. This location will be no more than a 90second walk to the gloving up table.

For the QF, SF and Final weekends, the Warm ups will take place within the National Boxing Centre Gym on the second floor, the same room in which you weighed in. There will be a curtain down the room and it will be split to blue boxers and red boxers. There will be a member of security on the door, so it is strictly only coaches and competitors allowed. All entrants will have their accreditation checked. Please do not allow any additional members of your gym, or parents into this space, as we want fairness for all competitors.

We also ask boxers and coaches not to linger around the warm up area for hours before their respective bout. It takes approximately 30-45 seconds to walk from this gym, to the arena within the Main Hall.

When you make your way into the arena there will be a gloving up table here also. Here, you will receive the correct gloves, and wait in the holding pen until you are called into the arena by the MC. You are permitted to have two coaches with you. Your coaches must have their WABA coach accreditation and their valid WABA coaching ID badges. Nobody else is permitted to enter the field of play.

There will be a member of staff here and a member of the officiating team who will give you the signal to enter the arena, on the MCs call.

Enjoy the experience.



# Coach INFORMATION

**We hope you enjoy your experience as much as the boxers.**

Please ensure as a coach, that you collect your wrist-band accreditation for the day at the weigh-in process. This will provide you with free entry to the arena. To do this, you will need to attend with your valid coaching badge accreditation. If you do not have a valid coaching badge, please contact [Rachel.Samson@Welshboxing.org](mailto:Rachel.Samson@Welshboxing.org).

As a member of your club, you will know who is / who isn't a coach. Please do not encourage any 'Non-coaches' to try and enter the warm up area.

## **Other things you need to look out for...**

- Firstly, please make yourselves familiar with the WABA competition rules as the tournament R&Js will be following these throughout the weekend.
- WABA are hosting a 'Scoring Seminar' on Wednesday 27th March. This will give clarity on what the judges are scoring. It would be beneficial for you and your boxer if you attended. Here is the link to register   
**[CLICK HERE TO REGISTER FOR 'THE SCORING SYSTEM'](#)**
- After the daily weigh-ins, there could be changes to the printed schedule. This will be dependant on everyone making weight and passing the medical. There will be an updated bout list available approximately 1 hour after the scales close. These will be available in the warm up area, printed and stuck onto the main spectator entrance into the arena.
- Please bring what you need with you for the warm ups.
- It is your responsibility to get your boxer to the boxer entrance in good time. It is here he / she will be gloved up. It takes approx 30-45 seconds to walk down from the warm up gym to the boxers entrance into the arena and a member of security will also call your name when the bout prior is in full swing

# Spectator INFORMATION

## Prices

Adult: £15 – Children over 5 years old: £5.

We hope you enjoy your experience at the National Championships. Below are some key bullet points that we ask all spectators to remember.

- When arriving, please ensure you park within a designated parking space.
- When you enter the arena, you will be met by security, there will be a bag search in operation.
- Spectator entry costs are above. You will need a different ticket for each day of competition. Card and Cash payments are accepted, but cash payments tend to be quicker.
- The Arena will open from 11:30am.
- When in the arena, please do not attempt to enter the field of play at any point. Any individuals trying to enter the field of play will be escorted from the venue by event security and a note will be made on who you are supporting which may affect their entry to future events.
- We appreciate bouts get exciting and emotions can run high, but please remember that there are two boxers on show in any bout, and let's try and show best of order towards any individual who enters the ring.
- No parents or supporters will be allowed within the warm up area. This is for boxers and coaches only and only those with accreditation can enter.
- There will be food options available in the venues.
- Shout, cheer, make as much noise as you can to help create an exciting atmosphere, but please let's show respect for both boxers and officials when the action starts.
- If you have any questions during the day, please come and ask one of the event security, or a member of WABA staff.
- Please try and make your way into the arena 15 mins before the first bout. There will be two sessions each day, with a short break positioned half way through the boxing to enable the officials to refresh.
- There will be photographers and videographers present throughout. By attending, you consent to be filmed.
- The finals days will be streamed live on the WABA YouTube page.



# Additional Event INFORMATION

A few final bits...

## **Officials, Event Staff and Volunteers**

WABA would like to thank the tournament supervisors, timekeepers, referees and judges for their efforts over the three weekends. WABA looks forward to a closer working relationship with those R&Js wishing to engage in the domestic calendar.

We'd also like to thank event staff (especially the medics, security and MC and volunteers who will be working tirelessly over the weekends to make the event as positive an experience as possible for all those competing and spectating.

Please treat all officials, staff and volunteers across the event weekend with respect.

## **WABA Contact Information**

If you have any questions regarding the event, or any element of Welsh Boxing, you can contact Welsh Boxing by

TELEPHONE: 02920 334929

EMAIL: [info@welshboxing.org](mailto:info@welshboxing.org)

**We hope you enjoy the event.  
Mwynhewch.**

## **WABA Opportunities**

If you're a spectator, parent, family member or friend of anyone taking part and have been inspired by the weekend's action, there's a wide ranging boxing community across the whole of Wales who would love to welcome you.

There is a club near you, and there are opportunities across coaching, officiating, and various other roles that clubs would love the extra help with.

For further information on any of this, please email [info@welshboxing.org](mailto:info@welshboxing.org).

If events are your thing, WABA and the clubs across Wales have events taking part all year round. If you'd like to help at a future event, please email [Events@welshboxing.org](mailto:Events@welshboxing.org)

## **Forthcoming Events**

Welsh Boxing have a number of events coming up in 2024.

### **National Championships (Minors and Schools) Sport Wales National Centre**

17, 18, 19 May – Quarters, Semi Finals, Finals

### **Youth and Junior 3 Nations**

#### **Sport Wales National Centre**

8th and 9th June – Semi Finals and Finals

June Box Cup – Info to Follow

21st, 22nd, 23rd June – QF, Semis and Finals

Tickets and Info for this event will be available shortly.