



**Welsh Amateur Boxing Association**  
**Anti-Doping Strategy**

**July 2019**

**Welsh Amateur Boxing Association**

**Review Date: July 2021**

## **1. Executive Summary**

The Welsh Amateur Boxing Association's overarching objective is to continue to protect the integrity of clean sport. WABA need to continually be proactive in the ever-changing landscape of clean sport and develop and maintain good relationships with key stakeholders in anti-doping such as WADA, UKAD and AIBA.

This Strategy aims to build upon the work of the previous strategy whilst pushing the message of clean sport and targeted anti-doping education further down the pathway. This will ensure that more boxers, coaches and volunteers have the knowledge they need to limit the risk of receiving an ADRV.

In the previous Commonwealth Games cycle, all boxers on the Elite Programme were prioritised for anti-doping education. This was a necessity in order to make sure boxers, coaches and support staff had a good level of knowledge and awareness of how to achieve on the international stage using the clean sport concept. This prioritisation succeeded in providing the Elite Programme with a good level of anti-doping education. In this cycle the strategy has evolved and WABA are now looking to educate boxers in every area of the pathway.

A key objective through this strategy will be effective communication by WABA to any member who is at risk of receiving an ADRV. WABA have two qualified UKAD Educators who will communicate key information across the performance programmes, divisions and clubs. The WABA office lead by the General Manager will communicate key anti-doping information from WADA, UKAD and AIBA and other anti-doping stakeholders to the members.

### **Vision**

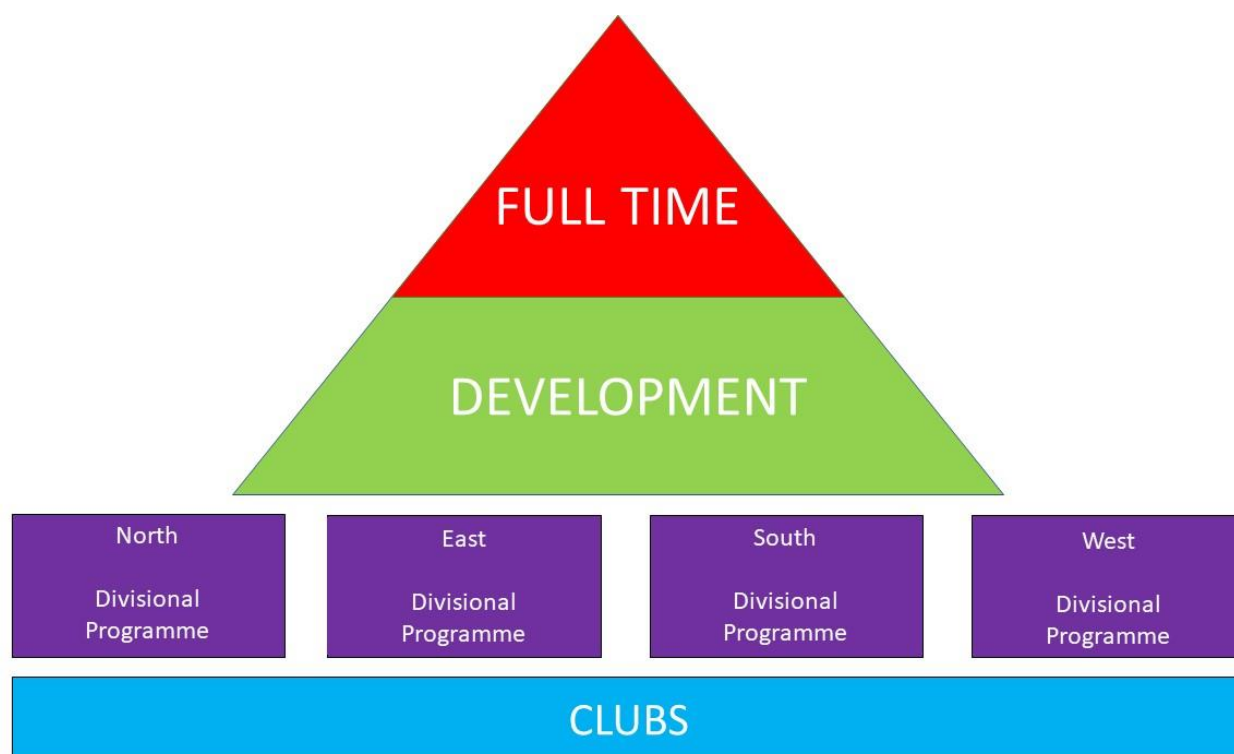
To become a proactive NGB committed to anti-doping education moving with the ever-changing landscape of clean sport.

### **Mission**

To deliver an educational framework that ensures athletes have the knowledge, behaviours and resources to protect the integrity of Welsh Boxing.

Objective	Actions	Timeframe
<p>Every "Club Coach Award" coach to have undertaken the UKAD "Coach Clean" e-learning course.</p> <p><i>*This includes the old WABA Level 2 *</i></p>	<ul style="list-style-type: none"> <li>WABA General Manager to communicate to all clubs that the e-learning "Coach Clean" course is mandatory as part of the licensing of "Club Coach Award" level coaches.</li> <li>WABA to clearly communicate how to undertake the "Coach Clean" e-learning course.</li> <li>Introduce "Coach Clean" as a homework task on the Club Coach Award.</li> <li>Coach Education Lead to integrate "Coach Clean" recording process into the licensing database.</li> </ul>	March 2021
To ensure every WABA affiliated club has one UKAD "Anti-Doping Advisor".	<ul style="list-style-type: none"> <li>WABA General Manager to communicate to all clubs that every club must have a qualified "UKAD Accredited Advisor" as part of the WABA affiliation process.</li> <li>WABA to clearly communicate how to undertake the "UKAD Accredited Advisor" e-learning course.</li> <li>WABA to create a recording and monitoring process to make sure every club has an up to date and qualified "UKAD Accredited Advisor".</li> </ul>	March 2021
To provide a range of ongoing and targeted education for all Performance Programme boxers in line with the UKAD curriculum.	<ul style="list-style-type: none"> <li>WABA anti-doping officer to continuously provide targeted education using the UKAD curriculum and the expert knowledge of Sport Wales support staff.</li> <li>WABA anti-doping officer to provide "Clean Sport" sessions to all boxers, coaches and support team staff in run up to CWG 2022.</li> </ul>	Ongoing
All divisional programme boxers will receive anti-doping education in line with the UKAD curriculum.	<ul style="list-style-type: none"> <li>Identify and train a second WABA UKAD Educator to deliver education sessions to all divisional programme boxers and coaches.</li> <li>Using the UKAD curriculum matrix develop suitable and relevant education sessions to divisional programme level boxers.</li> <li>Identify resources required and budget available to deliver across all four divisions annually.</li> </ul>	January 2020
<p>To promote the message of "clean sport" by displaying the following anti-doping information at all clubs:</p> <ul style="list-style-type: none"> <li>◆ UKAD Structure and function</li> <li>◆ Principles of 100% me</li> <li>◆ Reporting doping in sport</li> <li>◆ Club anti-doping advisor contact information</li> </ul>	<ul style="list-style-type: none"> <li>WABA anti-doping officers to work together to develop the key content of the posters.</li> <li>WABA to identify a design company to carry out the design and printing of the posters.</li> <li>Communicate the purpose of the posters and the requirement of every club to support clean sport by displaying the posters in the gym.</li> </ul>	September 2021

## 2. The Welsh Boxing Pathway



**Figure 1**

Figure 1 is a figure to illustrate the Welsh Boxing Pathway from club level to the full-time programme.

Boxers at every level of the pathway are eligible to be tested in or out of competition at any time due to their involvement in the sport. Through this anti-doping strategy WABA have taken great steps to try and educate more members of the boxing community about the message of clean sport and inadvertent doping.

WABA have identified and educated two anti-doping educators through UKAD that will deliver targeted education across the Performance Pathway from Club Level to Full Time. In order to disseminate anti-doping information into the clubs, every coach qualified to "Club Coach" level will need to undertake the UKAD "Coach Clean" e-learning module and every club must have its own UKAD "Anti-Doping Accredited Advisor".

### 3. The UKAD Clean Sport Curriculum

	Topic	Name	Beginner	Gifted and Talented	Performance Development	Performance	High Performance	Elite
Unit One = Global and National Governance of Anti-Doping	1	Global Anti-Doping Governance	-	-	-	1	2	3
	2	UKAD Corporate Structure and Function	1	1	1	2	3	3
	3	World Anti-Doping Code, International Standards and UKAD/International Federation (IF)/ NGB Rules	-	-	1	1	3	4
	4	Principles of 100% me	2	2	2	3	4	4
Unit Two = Good Practice in Anti-Doping	5	The Prohibited List	-	1	1	2	3	3
	6	Checking Medications	-	-	1	2-3	3	4
	7	Therapeutic Use Exemptions (TUEs)	-	-	-	1-2	3	3
	8	Supplements	-	-	1	3	4	4
	9	Report Doping in Sport	1	1	2	3	4	4
Unit Three = Preparations and Procedures for Testing Athletes	10	Testing Procedures for Blood and Urine	-	-	1	4	4	4
	11	Registered Testing Pools	-	-	-	2	3	3
	12	Whereabouts Requirements	-	-	-	2	4	4
	13	Anti-Doping Administration and Management System (ADAMS)	-	-	-	2	4	4
	14	Athlete Biological Passports (ABP)	-	-	-	1	3	3
	15	Major Competitive Events	-	-	-	2	3	4
Unit Four = Consequences of ADRVs	16	Results Management Process	-	-	-	1	2	3
	17	Anti-Doping Rule Violations (ADRVs) and Sanctions	-	-	1	1-2	3	4
	18	Consequences of Doping	-	1	2	3	4	4

10

**Figure 2**

Figure 2 is the UKAD Clean Sport Curriculum Matrix, this demonstrates what anti-doping knowledge is needed at which level of the pathway.

UKAD Educators use the clean sport curriculum in order to develop educational anti-doping sessions. At each level of the pathway different levels of anti-doping knowledge is required. WABA's UKAD qualified educators will deliver the highlighted topics to the relevant areas of the pathway.

- Gifted & Talented – Club Level
- Performance Development – Divisional Programme
- Performance – Development & Talent
- High Performance / Elite – Full Time

The Divisional Programme boxers will receive an annual anti-doping education session, there will also be education sessions run in the divisions for club coaches. The Development & Talent Programmes will receive ongoing education during their time in the programme. Regular education will be provided for the Full-Time boxers and in the run up to the Commonwealth Games all boxers, coaches and support staff will receive "Clean Sport" sessions as a requirement Welsh Amateur Boxing Association Anti-Doping Strategy July 2019 review July 2021

of Team Wales. Also, as a requirement of Team Wales coaches will have undertaken the “Coach Clean” qualification and all support staff will have completed the “UKAD Accredited Advisors” qualification.

In accordance with UKAD’s rules attendance registers will be kept for every education session delivered by WABA’s anti-doping educators. These will demonstrate that we are being proactive in educating athletes, coaches and volunteers but also allows WABA to make sure every boxer on the Performance Pathway has received targeted anti-doping education.

#### **4. Resources**

WABA will provide resources in order to increase awareness and knowledge of boxers, coaches and volunteers. This increased awareness and knowledge of anti-doping will help protect the integrity of the sport in Wales, protect members of the boxing community from inadvertent doping while spreading the message of clean sport.

WADA Code	WABA Website Downloads Section
WADA Therapeutic Use Exemptions	WABA Website Downloads Section
AIBA Doping Rules	WABA Website Downloads Section
WABA Anti-Doping Strategy	WABA Website Downloads Section
Reporting Doping in Sport	WABA Website Downloads Section
UKAD Accredited Advisor Qualification	WABA communicate direct to all affiliated clubs
UKAD Coach Clean	WABA communicate direct to all affiliated clubs
WABA Clean Sport Posters	WABA distribute to all affiliated clubs

End.