

Domestic Rules



WelshBoxing
BocsioCymru

**TO BE READ IN CONJUNCTION WITH
IBA TECHNICAL AND COMPETITION RULES**

Reviewed by the Domestic Rules Review Group

*Updated in January 2024
Next review in July 2024*

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INTRODUCTION

This document pays reference to club boxing and should be used as a go-to-guide on all domestic boxing decision making. The objective of the document is to standardise rules used at the domestic level of boxing in Wales. This document should be used as a guide for Tournament Supervisors, Officials, Coaches and volunteers when supporting all domestic boxing events in Wales, covering championships, box cups, club shows and dinner shows.

1. DOMESTIC BOXING TOURNAMENTS

- 1.1. To hold a club tournament, applications for permits must be submitted to the relevant Permit Secretary and Tournament Supervisor at least one month prior to the date requested. A club tournament is defined as any club show or dinner show.
- 1.2. All competitive tournaments **must** have the following qualified officials:
Tournament Supervisor, Referee(s) and Judges, Timekeeper, MC, Recorder (no qualification).
A doctor must be present to do the pre-bout medicals and a doctor or qualified First Responder e.g. paramedic.
- 1.3. The Tournament Supervisors shall have complete charge of the club tournament and their decision is **final** in all matters, providing it is in accordance with the WABA Domestic Rules.
- 1.4. All weigh-ins are to be conducted as a **closed** weigh-in, where only the boxer, one qualified coach with a valid DBS per boxer, tournament officials, a doctor and a female chaperone can be present.
- 1.5. There **must** be a maximum of 12 bouts on a dinner show (including skills and exhibitions) and 15 bouts in total on a club show (including skills and exhibitions). Weekend afternoon shows could be extended with the consent of the Tournament Supervisor. Shows with more than 10 bouts must have a minimum of 2 referees.
- 1.6. Minors, Schools and Junior boxers shall not be permitted to box at any tournament after 22.30.
- 1.7. It is recommended that Youth boxers should not box after 22.30.
- 1.8. It is recommended that Elite boxing is completed by midnight.
- 1.9. It is recommended that no session of boxing should exceed 4 hours including breaks.
- 1.10. There **must** be a minimum 12-hour rest period between bouts for each boxer.
- 1.11. For club tournaments, a maximum number of bouts in a 30-day period will apply, and the rule will be policed by the Tournament Supervisor.
 - Elite – Maximum of 6 bouts in 30 days
 - Youth – Maximum of 6 bouts in 30 days
 - Junior – Maximum of 6 bouts in 30 days
 - School – Maximum of 4 bouts in 30 days
 - Minor – Maximum of 4 bouts in 30 days

If the boxer is competing in a championship event or box cup 1.11 shall not apply.

- 1.12. Single occurrence of KO or RSC (with or without a loss of consciousness).
- 1.13. If a boxer suffers a KO as a result of a blow(s) to the head (KO-H) or has a diagnosis of concussion, the boxer is suspended for 30 days following this period.
- 1.14. If the result of a bout is RSC because the boxer has received heavy blows to the head (RSC-H) and the ringside doctor makes a diagnosis of concussion, the boxer is suspended for 30 days.
 - 1.14.1. If the result of the bout is RSC because the boxer has received heavy blows to the head (RSC-H) and the boxer is not diagnosed with concussion, then the boxer does not require a suspension period.
- 1.15. Double occurrence of KO or RSC.
 - 1.15.1. If, during a period of three months, a boxer twice loses a bout due to KO or RSC, due to head blow (KO-H or RSC-H) (with or without loss of consciousness), or has a diagnosis of concussion, then the boxer may not take part in boxing or sparring for a minimum period of 30 days after the second occurrence.
 - 1.15.2. If the result of a bout is RSC because the boxer has received heavy blows to the head (RSC-H) and the boxer is not diagnosed with concussion, then the boxer does not require a suspension period.
- 1.16. Triple occurrence of knockout or RSC.
 - 1.16.1. If, during a period of 12 months, the boxer suffers three KOs (with or without loss of consciousness) or three RSCs due to the boxer having received heavy blows to the head (KO-H or RSC-H) and the boxer is diagnosed with concussion, then the boxer may not take part in boxing or sparring for a period of one year after the third occurrence.
 - 1.16.2. Any combination of KO or RSC (due to head injuries) that equals three under these circumstances qualifies for a one-year suspension.
 - 1.16.3. Any boxer who has a medical restriction must not train or spar during the suspension period. All protective measures must also apply if a KO and/or concussion occur during training or anywhere else. The Coach is responsible for reporting to Welsh Boxing.
- 1.17. Exhibition bouts and skills bouts are both permitted at any club tournament. The number of skills and exhibitions allowed on a show are listed in Section 3.
- 1.18. A boxer can have skills bouts, as long as he/she is still in the Minors or Schools class and Schools cannot have an exhibition if still on skills.
- 1.19. A boxer can have an exhibition from 10-years-old but cannot have a skills bout once having an exhibition. It is essential that the Tournament Supervisor ensures that an exhibition does indeed remain an exhibition.
- 1.20. No boxing tournament shall be termed a "Wales Select, Welsh Select, Cymru Select, Cymraeg Select, Welsh Representative, Wales Representative" without prior agreement in writing from the WABA Office.

- 1.21. The Tournament Supervisors **must** sign off their event and submit the relevant information to the WABA Office.

2. CATEGORIES OF BOXERS

- 2.1 The categories of boxers are determined in most cases by the year that the boxer is born and not date of birth, with the exception of Minors, where the category entry date is determined by date of birth.
- 2.2 All boxers in the Minors and Schools categories may take part in skills bouts until the point they have their first competitive bout, the details of which are contained in the paragraphs below and in the table at the end of this document.

3. SKILLS BOUTS AND EXHIBITION BOUTS

Skills bouts are a means of allowing boxers to gain experience in a controlled environment, these bouts are very strictly controlled and are to adhere to the following conditions;

- 3.1 A competition record book stamped 'skills only' can be issued by Welsh Boxing to a boxer with a minimum age of 8 years.
- 3.2 A skills boxer (under 10-years-old) may have only four skills bouts per season.
- 3.3 A skills boxer is **permitted** only eight skills bouts before moving to full contests.
- 3.4 All skills bouts are to be recorded on the boxer's competition record book as "skills".
- 3.5 No skills bout will be permitted with a weight difference in excess of 2kg.
- 3.6 No skills boxer can give more than 12 months in age.
- 3.7 Skills bouts for Minors will be 3 x 1 minute rounds and for Schools 3 x 1.5 minute rounds with a 1 minute rest interval.
- 3.8 A maximum of four skills bouts per club tournament shall be boxed unless it has been advertised as a skills tournament. No other bouts (i.e. competition/exhibition bouts) to be allowed on a skills tournament.
- 3.9 An exhibition bout is a demonstration of boxing skills between two boxers arranged at a domestic club tournament. It is normally where there has been a mismatch with weight prior to the date of the event.
- 3.10 An exhibition bout will only take place during a club tournament with the discretion of the Tournament Supervisor.
- 3.11 Exhibition bouts can start from only Schools age and up to Elite. Age groups will be in accordance with the current Domestic Rules Table.
- 3.12 Exhibition bouts can only be matched at the event and not prior to the event.
- 3.13 For exhibition bouts, the weight difference between the two boxers will be at the discretion of the Tournament Supervisor.

- 3.14 Duration of rounds can only be a maximum of two minutes with 30 second intervals. Coaches are not allowed in the ring during the interval and boxers are not permitted to use a stool.
- 3.15 Exhibition bouts will be controlled by the appointed Referee, the bout can be stopped at the discretion of the Tournament Supervisor.
- 3.16 A maximum of two exhibitions only will be allowed at any one domestic club tournament.

4. MINORS

- 4.1 A boxer is classed as a Minor from his/her 10th birthday.
- 4.2 Minors may only be matched against other boxers with an age gap of less than 12 months, this may include Schools.
- 4.3 Boxers in the Minors category may not be matched with a weight difference more than 2kg.
- 4.4 The round durations for Minor A and Minor B will be 3 x 1 minute rounds with a 1 minute rest interval.
- 4.5 Minors shall be restricted to 15 contests per season excluding championships.

5. SCHOOLS

- 5.1 The Schools age category is defined by year of birth as laid out in the table at the end of this document.
- 5.2 A Schools boxer may only be matched against a boxer with an age gap of up to 12 months, this may include matches against Junior boxers, Schools boxers and Minor B.
- 5.3 Schools boxers may not be matched with a weight difference in excess of the following:
Below 54kg - 2kg
54.1kg – 66kg – 3kg
Above 66kg – It is recommended boxers are not matched with a weight difference in excess of 4kg. however, the championship weight classes should be used as a guideline. The Tournament Supervisor's discretion will be final.
- 5.4 Bouts involving Schools boxers are to be 3 x 1.5 minute rounds with a 1 minute rest interval. Bouts involving Minors are to be 3 x 1 minute rounds with a 1 minute rest interval.
- 5.5 Schools boxers shall be restricted to 20 contests per season excluding championships.

6. JUNIORS

- 6.1 The Junior age category is defined by year of birth as laid out in the table at the end of this document.

- 6.2 Junior boxers may be matched against other Junior boxers, there may not be more than a 24-month age gap between boxers as set out in IBA rules. Extra caution must be taken when matching boxers with more than a 12-month age gap.
- 6.3 Junior boxers may be matched against Schools and Youth boxers but there may not be more than a 12-month age gap.
- 6.4 Junior bouts are to be 3 x 2 minute rounds with a 1 minute rest interval between rounds. Bouts involving Schools boxers are to be 3 x 1.5 minute rounds with a 1 minute rest interval.
- 6.5 Junior boxers shall be restricted to 20 contests per season excluding championships.

7. YOUTHS

- 7.1 The Youth age category is defined by year of birth as laid out in the table at the end of this document.
- 7.2 Youth boxers may be matched against Juniors and Youth boxers but there may not be more than a 12-month age gap.
- 7.3 Youth boxers may be matched against other Youth boxers, there may not be more than a 24-month age gap between boxers. Extra caution must be taken when matching boxers with more than a 12-month age gap
- 7.4 No Youth boxer can box as an Elite boxer or box an Elite boxer.
- 7.5 Youth bouts are to be 3 x 3 minute rounds with a 1 minute rest interval between rounds. Bouts involving Youths and Juniors are to be 3 x 2 minute rounds with a 1 minute rest interval.
- 7.6 Youth boxers shall be restricted to 25 contests per season excluding championships.

8. ELITE

- 8.1 The Elite age category is defined by year of birth as laid out in the table at the end of this document.
- 8.2 Elite bouts are to be 3 x 3 minute rounds with a 1 minute rest interval. However, 3 x 2 minute round duration can be determined by the Tournament Supervisor dependant on the boxers' experience.

9. NOVICES

- 9.1 A Novice boxer is defined as a developing boxer with a recorded bout number of 0-5 bouts.
- 9.2 The competition categories for the WABA Novice Championships and Novice categories in the WABA Box Cup are Junior, Youth and Elite. If a WABA affiliated club or WABA Division hold their own Box Cup style event, it would be acceptable to include a Novice category for Schools boxers within this. The category should align to the current Domestic Rules regarding Novices and the round durations are defined as 3 x 1.5 minute rounds with a 1 minute rest interval.

- 9.3 Novice bouts round durations are defined as 3 x 2 minute rounds with a 1 minute rest interval.
- 9.4 Any boxer who has won a Novice championship, then cannot enter any future Novice event, and is listed as Open Class.
- 9.5 Any boxer who has competed in an Open Class championship **cannot** box as a Novice in any Welsh domestic event.

10. PREVIOUS COMBAT EXPERIENCE

- 10.1 Boxers who have experience in combat sport that involves striking will not be classed as a Novice. This must be declared when applying for their competition record book and their competition record book should start at bout number 5.
- 10.2 Previous experience in these sports mean a boxer cannot compete as a Novice
- White Collar Boxing**
 - Unlicenced Boxing**
 - Bare Knuckle Boxing**
 - Kick Boxing**
 - Thai Boxing**
 - Muay Thai**
 - Mixed Martial Arts**
 - Sanda**
 - Tae Kwondo**
- 10.3 To obtain a WABA competition record book, the boxer must stop competing in their chosen sport and terminate their membership with any other combat sport's governing body.

11. PROFESSIONAL BOXERS

- 11.1 For a professional boxer to obtain a WABA competition record book the boxer must relinquish their professional licence. This must be confirmed in writing by the BBoC or equivalent professional governing body
- 11.2 Any boxer that relinquishes their professional licence and obtains a WABA competition record book will be deemed an amateur boxer.
- 11.3 Boxers will only be allowed to return to amateur status with WABA once in their career after turning professional.
- 11.4 Any professional boxer who returns as an amateur will be deemed Open Class.

12. WEIGHT CATEGORIES & DIFFERENCES

The following weight categories are standardised through all domestic boxing events. (All weights displayed in kilograms)

Minors

<u>Minor A (M/F)</u>	<u>Minor B (M/F)</u>
26.5 - 28kg	28kg - 29.5kg
28kg - 29.5kg	29.5kg - 31kg
29.5kg - 31kg	31 - 32.5kg
31 - 32.5kg	32.5 - 34kg
32.5 - 34kg	34 - 35.5kg
34 - 35.5kg	35.5 - 37kg
35.5 - 37kg	37 - 38.5kg
37 - 38.5kg	38.5 - 40kg
38.5 - 40kg	40 - 41.5kg
40 - 41.5kg	41.5 - 43kg
41.5 - 43kg	43 - 44.5kg
43 - 44.5kg	44.5 - 46kg
44.5 - 46kg	46 - 48kg
46 - 48kg	48 - 50kg
48 - 50kg	50 - 52kg

Schools

<u>Schools A (M)</u>	<u>Schools B (M)</u>	<u>Schoolgirls A and B (F)</u>
34 - 36kg	36 - 38kg	34 - 36kg
36 - 38kg	38 - 40kg	36 - 38kg
38 - 40kg	40 - 42kg	38 - 40kg
40 - 42kg	42 - 44kg	40 - 42kg
42 - 44kg	44 - 46kg	42 - 44kg
44 - 46kg	46 - 48kg	44 - 46kg
46 - 48kg	48 - 50kg	46 - 48kg
48 - 50kg	50 - 52kg	48 - 51kg
50 - 52kg	52 - 54kg	51 - 54kg
52 - 54kg	54 - 57kg	54 - 57kg
54 - 57kg	57 - 60kg	57 - 60kg
57 - 60kg	60 - 63kg	60 - 64kg
60 - 63kg	63 - 66kg	64 - 70kg
63 - 66kg	66 - 70kg	
66 - 70kg	70 - 75kg	
70 - 75kg	75 - 80kg	
75 - 80kg	80 - 90kg	
80 - 90kg		

Juniors

<u>Juniors (M/F)</u>
38 - 40kg
40 - 42kg
42 - 44kg
44 - 46kg
46 - 48kg
48 - 50kg
50 - 52kg
52 - 54kg
54 - 57kg
57 - 60kg
60 - 63kg
63 - 66kg
66 - 70kg
70 - 75kg
75 - 80kg
80kg+

Youth

<u>Youth (M)</u>	<u>Youth (F)</u>
46 - 48kg	45 - 48kg
48 - 51kg	48 - 50kg
51 - 54kg	50 - 52kg
54 - 57kg	52 - 54kg
57 - 60kg	54 - 57kg
60 - 63.5kg	57 - 60kg
63.5 - 67kg	60 - 63kg
67 - 71kg	63 - 66kg
71 - 75kg	66 - 70kg
75 - 80kg	70 - 75kg
80 - 86kg	75 - 81kg
86 - 92kg	81kg+
92kg+	

Elite

<u>Elite (M)</u>	<u>Elite (F)</u>
46 - 48kg	45 - 48kg
48 - 51kg	48 - 50kg
51 - 54kg	50 - 52kg
54 - 57kg	52 - 54kg
57 - 60kg	54 - 57kg
60 - 63.5kg	57 - 60kg
63.5 - 67kg	60 - 63kg
67 - 71kg	63 - 66kg
71 - 75kg	66 - 70kg
75 - 80kg	70 - 75kg
80 - 86kg	75 - 81kg
86 - 92kg	81kg+
92kg+	

12.1 For Minors, there is **never** more than a 2kg weight difference.

12.2 Schools and Juniors boxers below 54kg **may not** be matched with a weight difference more than 2kg.

Boxers from 54.1kg-66.0kg **may not** be matched with a weight difference more than 3kg.

It is recommended boxers 66.1kg and above **are not** matched with a weight difference more than 4kg.

Championship weight classes should be used as a guideline.

12.3 For Youths and Elite, a boxer is normally matched against another boxer in his/her own weight category, which can be greater than a 2kg weight difference. However, if a boxer is matched against a boxer from another weight category the weight difference **cannot** be more than 5kg. For example, a 75kg category boxer who weighs 73kg cannot be matched against a boxer over 78kg, but a 75kg boxer can box an 80kg boxer.

13. DEAF AND SPEECH IMPAIRED BOXERS

13.1 A deaf or speech impaired individual is permitted to box but all involved parties should refer to the IBA Medical Rules, which can be found on the WABA website.

14. OFFICIALS

14.1 The IBA '10 point must system' of scoring is to be used, i.e. 10 points must be scored for the winner of the round.

14.2 All domestic events should have the following qualified Officials:

- Tournament Supervisor
- Referee(s)
- Judges (ideally three)
- Timekeeper
- Master of Ceremonies (MC)/Announcer Ringside
- Doctor (**mandatory**)/qualified First Responder
- Recorder (no qualification required)

14.3 Judges – three-judge scoring may be used for club tournaments.

- 14.4 If, due to unforeseen circumstances, **not all** of the Officials are present for a domestic event, the following is recommended:

Tournament Supervisor

5 x Judges & 1 x Referee – either five-judge manual scoring or three-judge manual scoring

4 x Judges & 1 x Referee – three-judge manual scoring

3 x Judges & 1 x Referee – three-judge manual scoring

2 x Judges & 1 x Referee – two-judges manual score and Referee to score

1 x Judge & 1 x Referee - Judge only to score

1 x Referee only – Referee to score

A maximum of 10 bouts is allowed if there is one referee

Any number of Judges but no Referee – **no boxing**

No ringside Doctor - **no boxing**

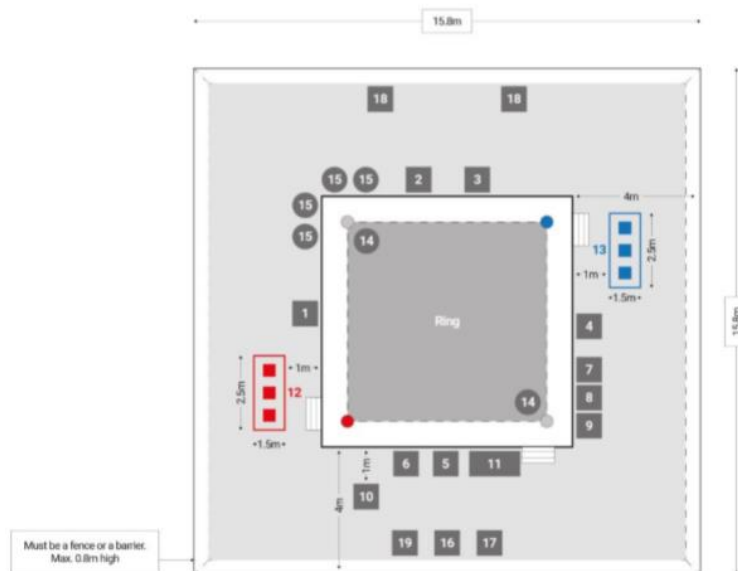
15. THE RING

- 15.1 The minimum size shall be 4.27 metres square (14ft sq.) inside ropes and to a maximum of 6.10 metres square (20ft sq.) inside ropes. There shall be a minimum of 2 metres clearance on all four sides of the ring between the ring and the public.

- 15.2 The ring should be safely constructed and fit for purpose on all tournaments.

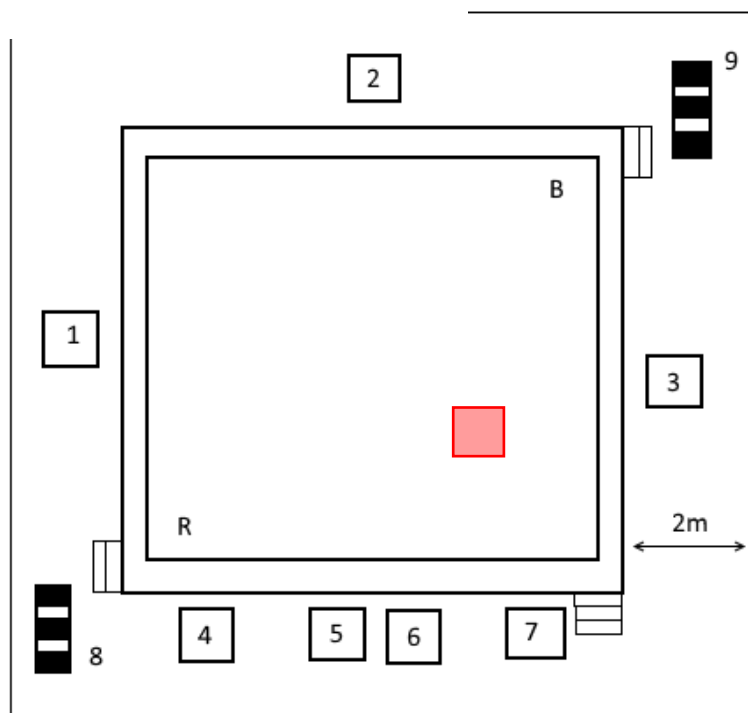
- 15.3 The ring should be set out as per the diagrams below, the Tournament Supervisor is to ensure the Field of Play is compliant and safe.

Field of Play for Competitions



- | | |
|-----------------------------|---------------------------------|
| 1 Judge 1 | 10 AIBA Scoring System Operator |
| 2 Judge 2 | 11 Ringside Doctor's Table |
| 3 Judge 3 | 12 Red Corner Seating Area |
| 4 Judge 4 | 13 Blue Corner Seating Area |
| 5 Judge 5 | 14 Neutral Corners |
| 6 Deputy Technical Delegate | 15 Photographers |
| 7 Official Announcer | 16 Technical Delegate |
| 8 Timekeeper | 17 Draw Commissioner |
| 9 Gong Operator | 18 R&J Evaluator |
| | 19 Observer |

Field of Play for Club Tournaments



1. Judge 1
2. Judge 2
3. Judge 3
4. Announcer/MC
5. Technical Delegate
6. Timekeeper
7. Doctor
8. Coaches
9. Coaches

16. COACHES/SECONDS

- 16.1 Rule 14 of the IBA Technical and Competition Rules shall apply to domestic boxing, except Rule 14.2.1.3, which states that each boxer is permitted three coaches in their corner. **For all domestic events, the number of coaches in the boxer's corner will be limited to two.**
- 16.2 Seconds will not be permitted to stand up, use foul language, yell, encourage or incite spectators by words or signs during the progress of the round. Seconds are not allowed to touch the ring during the duration of a round or disturb the competition.
- 16.3 Coaches **must be a minimum** Welsh Boxing Club Coach Award level (old Level 1 or Level 2) to corner a boxer inside the ring.
- 16.4 Coaches with a minimum of Welsh Boxing Leader Award may second a boxer from either the floor or the apron.
- 16.5 Coaches may coach their boxer from the corner but must adhere to IBA Rule 14.2.2 and 14.2.3.

17. SPARRING

- 17.1 A boxer **must** have a WABA Medical Card and an in-date annual medical before being permitted to spar.
- 17.2 If a boxer receives a KO during a sparring session in the gym or if a boxer is stopped due to receiving a blow or a combination of blows to the head and or body in the gym, then IBA rules shall apply. The **club must** notify Welsh Boxing of any such incident.
- 17.3 A coach of WABA Club Coach Award level or equivalent must oversee any conditioned or open sparring. WABA Boxing Leaders Award level or equivalent may oversee only technical sparring.

18. DRESS

- 18.1 Officials
 - 18.1.1 Male Judges and Timekeepers, but not Referees, should be attired in blazer or jacket, trousers, shirt with collar and black bow tie.
 - 18.1.2 Female Judges and Timekeepers, but not Referees, should be attired in blazer or jacket, trousers, blouse or shirt with collar and black bow tie.
 - 18.1.3 Referees should be attired in a white shirt/blouse, black bow tie, black trousers (not jeans) and black flat soled training shoes.
 - 18.1.4 Officials **must** wear a WABA ID badge with a current DBS at all domestic events.
- 18.2 Boxers
 - 18.2.1 For all domestic events, vests and shorts can be in the boxer's respective club colours or in red or blue according to the boxers' corner allocation
 - 18.2.2 In all cases, if the waistband on the shorts is the same colour as the vest and shorts, a red, blue or white sash should be worn to identify the waistline. The Tournament Supervisor is responsible for enforcing this rule.
 - 18.2.3 All body piercing (including piercings not on the target area) **must** be removed prior to the pre-bout medical.

18.2.4 An appropriate hair net **must** be used if the boxer's hair impedes his/her vision. In such circumstances, a female boxer can use a bandana.

18.2.5 It is permissible for boxers to have beard growth.

18.3 Coaches

18.3.1 All coaches **must** be suitably attired in coaching wear, in accordance with IBA regulations

18.3.2 Coaches **must** wear a WABA ID badge with a current DBS at all tournaments.

19. EQUIPMENT

19.1 Competition Gloves

19.1.1 **Male** Elite and Youth boxers 67kgs and under **must** wear 10oz gloves at all WABA affiliated events.

19.1.2 **Male** Elite and Youth boxers over 67kg **must** wear 12oz gloves at all WABA affiliated events.

19.1.3 In WABA affiliated events, Schools and Junior boxers 80kg and above must wear 12oz gloves.

19.1.4 All other boxers **must** wear 10oz gloves

19.1.5 One rotation of tape may be used to secure the Velcro fastening on the wrist if necessary.

19.2 Headguards and Breast Protection

19.2.1 As per the IBA ruling for headguards, all male Elite boxers will box **without** headguards.

19.2.2 All other male and female boxers **must** wear headguards.

19.2.3 It is **not mandatory** for female boxers, of any category, to wear either a breast protector or groin protector.

19.3 Bandages

19.3.1 Bandages **must not** be longer than 4.5m (14.76ft) and no shorter than 2.5m (8.2ft) and 5.7cm (2¼in) wide.

19.3.2 Bandages **must** be made of a stretchy cotton material with Velcro closure or a small piece of tape 7.6cms x 2.5cms (3in x 1in) max and **must** be IBA approved.

19.3.3 Hand wrapping techniques are as per IBA regulations, wrapping between fingers is permitted.

19.3.4 Professional bandages are not permitted.

19.4 Gum Shields and Braces

19.4.1 These are **mandatory** for all male and female boxers. **No red or partly red** gum shields shall be worn.

19.4.2 If a boxer wears orthodontist braces, it is the responsibility of the ringside doctor to make an assessment at the pre-bout medical as to whether the boxer should be permitted to box.

19.5 Non-Petroleum Skin-Protective Jelly

19.5.1 The use of a small amount of non-petroleum skin-protective jelly (not Vaseline) on the forehead and eyebrow to help prevent injury is permitted.

19.6 Contact Lenses

19.6.1 Soft contact lenses may be worn. (boxers should refer to the IBA Technical Rule 4.2.5.2.5)

20. WEIGH-IN AND MEDICALS

20.1 For competitions where a draw is required, the weigh in must be completed three hours prior to boxing commencing. However, WABA can be sympathetic towards this ruling for those travelling distances. For club tournaments, the weigh-in **must** be completed a minimum of one hour prior to boxing commencing.

20.2 IBA rule 10.3.4 says a boxer must be examined by a doctor before being able to weigh-in, however, boxers will be allowed to weigh-in before being examined by a doctor.

20.3 For safeguarding reasons, boxers must keep underwear on during the weigh-in and boxers are expected to make the weight whilst wearing such underwear.

20.4 After weighing-in on the test scales, Minor boxers cannot lose more than 250g. All other boxers may not lose more than 500g.

21. ELIGIBILITY

21.1 ELIGIBILITY TO COMPETE IN THE COMPETITION

21.1.1 Competitors **must** be Welsh by birth or by parent birth or have resided in Wales for at least two years prior to the date of the competition and **must** be members of Clubs or organisations affiliated to Welsh Boxing.

21.1.2 If a boxer wishes to register for competition, they must be a member of an Associate Member. Proof of the boxer's eligibility must be evidenced at the time of registration. In addition, the boxer must hold a valid United Kingdom Passport.

21.1.3 Only amateur boxers as defined by the Association shall be eligible to compete.

21.1.4 Particulars and other conditions of entry to the competitions shall be decided by Welsh Boxing and communicated to all members.

21.2 ELIGIBILITY TO COMPETE FOR WALES

- Boxers must be Welsh by birth
- Have a parent who is Welsh by birth
- Have resided in Wales full-time for three years and have proof of residency and a valid United Kingdom passport

DOMESTIC RULES TABLE 2024

[illegible]

** Year of Birth will determine a boxer's category, however, the age of a boxer may bridge more than 1 category i.e. a boxer born 1 June 2004 is classed as an Elite boxer but will not be 19 years of age until 1 June 2023.*

Skills	A boxer must have had their 8th birthday to take part in a skills bout. A skills boxer (under 10 years old) may have only four skills bouts per season. No skills bout will be permitted with a weight difference in excess of 2kg. No more than 12 months age difference is permitted. For round duration, see table above. A maximum of eight skills bouts is permitted before moving to full contests.
Minor	A boxer is classed as a Minor from his/her 10 th birthday. A Minor boxer may only be matched against a boxer with an age gap of 12 months maximum (this may include Schools). All bouts will be 3 x 1 minute round with a 1 minute rest interval. Boxers may not be matched with a weight difference in excess of 2kg.
Schools	A Schools boxer may only be matched against a boxer with an age gap of 12 months maximum (this may include Junior, Schools, Minor B). All bouts will be 3 x 1.5 minute round with a 1 minute rest interval. A Schools boxer may be matched against a Minor boxer, but the age gap may not be more than 12 months and the round duration will be 3 x 1 minute with a 1 minute rest interval.
Junior	A Junior boxer may be matched against another Junior boxer; there may not be more than 24 months age difference between boxers and extra caution must be taken when matching boxers of more than 12 months age difference. All bouts will be 3 x 2 minute round with a 1 minute rest interval. A Junior boxer may be matched against a School's boxer, but the age gap may not be more than 12 months and the round duration will be 3 x 1.5 minute with a 1 minute rest interval.
Youth	A Youth boxer may be matched against another Youth, there may not be more than 24 months age difference between boxers and extra caution must be taken when matching boxers of more than 12 months age difference. All bouts will be 3 x 3 minute round with a 1 minute rest interval. A Youth boxer may be matched against a Junior boxer, but the age gap may not be more than 12 months and the round duration will be 3 x 2 minute with a 1 minute rest interval.
Elite	Elite boxers must be born between 1/1/1983 and 31/12/2004 and should be matched on weight and experience. All bouts will normally be 3 x 3 minute round with a 1 minute rest interval. However, round duration can be determined by Coaches and the Tournament Supervisor.