



Year	Name	Club
2011	Lynsey Holdaway	Llantrisant
2012	No entries	
2013	Danni Price	Tredegar
2014	No entries	
2015	Kelsey Hendra	Port Talbot
2016	No entries	
2017	Helen Jones	Portmead and Blaenymaes
2018	Sophie Tinklin	Pantside
2019	Jessica Hulse	Cwmgors
2020	No competition	
2021	No entries	
2022	No entries	
2023	No entries	
2024		