



Year	Name	Club
2011	Rachelle Tobin	Colcot
2012	Rachelle Tobin	Colcot
2013	Amy Williams	Afan Spartans
2014	Rachelle Tobin	Colcot
2015	Rosie Eccles	Chepstow
2016	Amy Williams	Afan Spartans
2017	No entries	
2018	Jade Gitcam	Afan Spartans
2019	No entries	
2020	No competition	
2021	Lana Cooper	Torfaen Warriors
2022	Kamila Poskauskyte	Premier <i>stripped</i>
2023	No entries	
2024		