



<b>Year</b>	<b>Name</b>	<b>Club</b>
2010	Ashley Brace	Heads of the Valleys
2011	Becky Price	Cwmcarn
2012	Becky Price	Cwmcarn
2013	Charlene Jones	Merlins Bridge
2014	Charlene Jones	Merlins Bridge
2015	Crystal Evans	Cwmavon Hornets
2016	No entries	
2017	Charlene Jones	Merlins Bridge
2018	No entries	
2019	No entries	
2020	No competition	
2021	Chloe Morris	DJ's
2022	Carys Mainwaring	Llanrumney Phoenix
2023	Carys Mainwaring	Llanrumney Phoenix
2024		