



Year	Name	Club
1914	WH Bradley	Coldstream Institute, Cardiff
1915	No competition	
1916	No competition	
1917	No competition	
1918	No competition	
1919	No competition	
1920	No entries	
1921	PC Trevor Llewellyn	Newport
1922	No entries	
1923	Tom Evans	Amman Valley
1924	Arthur Candy Evans	Unattached
	<i>He had played rugby for Wales v Ireland in the afternoon</i>	
1925	PC Michael Rice	Gowerton and Glamorgan Police
1926	A Wilson	Glamorgan Police
1927	PC Dai Thomas	Glamorgan Police
1928	Jack Melen	Newport Central
1929	Jack Melen	Glamorgan Police
1930	W Rosser	Cwmbran
1931	Jack Petersen	Gabalfa
1932	John Smith	St Dyfrig's, Cardiff
1933	Stan Hurford	Penarth Ex-Servicemen
1934	Stan Hurford	Elyn
1935	Dai Llewellyn	Elyn and Met Police
1936	Wally Walters	Caerau and Derby Police
1937	Wally Walters	Caerau and Derby Police
1938	MF Llewellyn	Cardiff University
1939	Wally Walters	Caerau and Derby Police
1940	No competition	
1941	No competition	
1942	No competition	
1943	No competition	
1944	No competition	
1945	Sgt-Inst Len Fowler	Army
1946	Dennis Coles	Caerphilly
1947	Idris Allsopp	National Smelting, Bristol*
1948	Idris Allsopp	National Smelting, Bristol*
1949	Dave Williams	Barry Central
1950	Fred Thomas	Newport SC
1951	Fred Thomas	Newport SC
1952	Ken Gardner	Newport SC
1953	Trevor Snell	Roath Youth
1954	Trevor Snell	Roath Youth
1955	PC Dennis Rowe	Glamorgan Police and Gorseinon
1956	Roger Pleace	Roath Youth
1957	Fred Thomas	Newport SC
1958	Roger Pleace	Cardiff Gas
1959	Dave Paley	Newport SC
1960	Dennis Rowe	Coventry City Police
1961	Russell Griffiths	Swansea Youth
1962	Len 'Rocky' James	Patchway
1963	Trevor Follows	RAF St Athan
1964	Carl Gizzi	Prince of Wales, Rhyl
1965	Brian Roberts	Tumble
1966	Dave Paley	Semtex
1967	Dennis Avoth	Victoria Park
1968	John Roberts	Bangor
1969	Graham Miles	Merthyr
1970	Glyn Rees	Gosport
1971	Jim Mannings	Splott YMCA
1972	Mal Isaac	Semtex
1973	Walter 'Bimbo' Pearce	Newport SC
1974	Eddie Roberts	Cymmer Afan
1975	Terry Chard	Maindee
1976	Terry Chard	Maindee
1977	Dave Thomas	Croeserw
1978	Ken Morgan	Troedyrhiw
1979	Rudi Pika	Llandaff
1980	Rudi Pika	Llandaff

1981	Tony Rogers	Highfields
1982	Adan Hassan	Prince of Wales
1983	Les Davies	Gilfach Goch
1984	John Farrugia	Prince of Wales
1985	John Farrugia	Prince of Wales
1986	Kevin McCormack	Coed Eva
1987	Kevin McCormack	Coed Eva
1988	Darren Fearn	Carmarthen
1989	Chris Coughlan	Gwent
1990	Chris Kitch	Penarth
1991	Karl Mumford	Fleur-de-Lys
1992	Richard Fenton	Pentwyn
1993	Richard Fenton	Pentwyn
1994	Brendan McCormack	Coed Eva
1995	Tim Redman	Idris
1996	Scott Gammer	Pembroke
1997	Kevin Evans	Carmarthen
1998	Kevin Evans	Carmarthen
1999	Kevin Evans	Carmarthen
2000	Kevin Evans	Carmarthen
2001	Kevin Evans	Carmarthen
2002	Lee Milsjen	Coed Eva
2003	Michael Davies	Penyrheol
2004	Kevin Evans	Carmarthen
2005	Kevin Evans	Carmarthen
2006	Chris Harman	Cardiff YMCA
2007	Owen Harries	Penyrheol
2008	John Phillips	Gwent – <i>stripped</i>
2009	Jonathan O’Kelly	Barry East End
2010	Owen Harries	Melbourne
2011	Lloyd Davies	Mountain Ash
2012	Lloyd Davies	Mountain Ash
2013	Calum Evans	Prizefighter
2014	Kody Davies	Lions Den
2015	Kody Davies	Lions Den
2016	Mohammed Ahmed	Prizefighter
2017	Kody Davies	Lions Den
2018	Terrence Fairbank	Pontypridd
2019	Samson Leyson	Prizefighter
2020	No competition	
2021	Aaron Bird	Port Talbot
2022	Cassius Walker-Hunt	Cwmavon Hornets
2023	Cassius Walker-Hunt	Cwmavon Hornets
2023	Connor Williams	Premier
2024		