



Year	Name	Club
1976	Kelvin Owens	Courthouse
1977	Russell Jones	Rhondda
1978	Chris Davies	Denbigh
1979	Mark Jones	New Tredegar
1980	No entries	
1981	Martin Toms	Towy
1982	Warren Leamon	Chepstow
1983	P Shone	Buckley
1984	Wayne Williams	Trelewis
1985	Paul Rowlands	Aberbargoed
1986	Robbie Regan	Fleur de Lis
1987	Robbie Regan	Fleur de Lis
1988	Robbie Regan	Fleur de Lis
1989	Mark Hughes	Gwent
1990	Mark Hughes	Gwent
1991	Mark Hughes	Gwent
1992	No entries	
1993	Mark Hughes	Gwent
1994	Mark Hughes	Gwent
1995	No entries	
1996	No entries	
1997	No entries	
1998	Darren Edwards	Cwmavon Hornets
1999	Luke Thomas	Whitland
2000	No entries	
2001	Ryan Power	TorfaenWarriors
2002	Yassine Essa	Peacock
2003	Neil Morrissey	Colcot Sport
2004	Mo Nasir	St Joseph's (East)
2005	Mo Nasir	St Joseph's (East)
2006	Gary Jones	Llay
2007	Mo Nasir	St Joseph's (East)
2008	Andrew Perry	Colcot
2009	Jay Harris	Premier
2010	No entries	
2011	Ben Baker	Cwmgors
2012	Ashley Williams	Army
2013	Ashley Williams	Army
2014	Ashley Williams	Army
2015	Ashley Williams	Army
2016	Nathan Jones	Merthyr Ex-Servicemen
2017	No entries	
2018	No entries	
2019	No entries	
2020	No competition	
2021	No entries	
2022	No entries	
2023	No entries	
2024		