



Year	Name	Club
1923	Dr Bill Roche	Newport
1924	No entries	
1925	No entries	
1926	Rhys Howells	Bridgend and Glamorgan Police
1927	Rhys Howells	Glamorgan Police
1928	Rhys Howells	Glamorgan Police
1929	Rhys Howells	Glamorgan Police
1930	Rhys Howells	Glamorgan Police
1931	Jack Petersen	Gabalfa
1932	Philip Fowler	Glamorgan Police
1933	Philip Fowler	Penarth Ex-Servicemen
1934	Wally Walters	unattached
1935	Wally Walters	Caerau
1936	R Jones	Cardiff City
1937	Alf Ford	Pontnewynydd and Derby Police
1938	Alf Ford	Pontnewynydd and Derby Police
1939	Alf Ford	Pontnewynydd and Derby Police
1940	No competition	
1941	No competition	
1942	No competition	
1943	No competition	
1944	No competition	
1945	Leslie Jones	Penarth Red Triangle
1946	KG Farr	Newport SC
1947	Ken Wyatt	Tiverton*
1948	Jack Sully	Newport SC
1949	Dave Williams	Barry Central
1950	R Blakeway	Newport SC
1951	Albert Hoyle	Newbridge
1952	Joe Erskine	Victoria Park
1953	Tommy George	Cardiff Gas
1954	Don Sainsbury	Cardiff Gas
1955	Fred Thomas	Newport SC
1956	Olgam Bowen	Amman Valley
1957	Glyn Waters	Newport SC
1958	Ossie Higgins	Ebbw Vale
1959	Pedro Diez	Newport SC
1960	David James	Birkenhead
1961	Ivor Jones	Ynysddu
1962	Dave Paley	Semtex
1963	John Cassidy	Buckley
1964	John Cassidy	Buckley
1965	Roy John	Pontypridd YMCA
1966	Roy John	Dowlais
1967	Roy John	Dowlais
1968	Tommy Wright	Mold
1969	Michael Ryan	Maple Leaf
1970	Chuck Jones	Gwent
1971	Tony Roberts	Cymmer Afan
1972	Tony Roberts	Cymmer Afan
1973	Alan 'Tony' Blackburn	Rhondda
1974	Griff Roberts	Bangor
1975	Leroy Harriott	New Tredegar
1976	Ken Jones	Penyrheol
1977	Chris Lawson	Pembroke
1978	Aneurin Williams	Semtex
1979	Aneurin Williams	Semtex
1980	Steve Morgan	New Tredegar
1981	Neil Saunders	Towy
1982	Abner Blackstock	Phoenix
1983	Mark Pearson	Penarth
1984	Abner Blackstock	Newport SC
1985	Byron Pullen	Llanharan
1986	Byron Pullen	Llanharan
1987	Adam Cook	Crindau Harlequins
1988	Derek Hitchings	Rhondda
1989	Nicky Piper	Penarth
1990	Derek Hitchings	Rhondda

1991	Lawrence Duncan	Gloucester
1992	Derek Hitchings	Pontypridd
1993	Tim Brown	Idris
1994	Tim Brown	Idris
1995	Scott Gammer	Pembroke Dock
1996	Steve Donaldson	Highfields
1997	Steve Donaldson	Highfields
1998	Steve Donaldson	Highfields
1999	Sean Pepperall	Vale
2000	Nathan King	Kyber Colts
2001	Mike Allen	Palace
2002	James Whitfields	Army
2003	Justin Jones	Army
2004	Justin Jones	Clwyd
2005	Robert Ellery	Splott Adventure
2006	Wayne Brooks	Ely Star
2007	Tobias Webb	Bonymaen
2008	Rhys Davies	Triumph, Coventry
2009	Chris Ware	Bonymaen
2010	Jermaine Asare	Merthyr Ex-Servicemen
2011	Charlie Moseley	Shotton
2012	Morgan Jones	Merthyr Ex-Servicemen
2013	Morgan Jones	Merthyr Ex-Servicemen
2014	Nathan Thorley	Splott Adventure
2015	Calum Evans	Prizefighter
2016	Nethan Nichols	Pantside
2017	Aaron Bird	Bonymaen
2018	Michael Sinclair	Llanrumney
2019	Haaris Khan	Grange
2020	No competition	
2021	Mark Davies	Caerphilly
2022	Nathan Jones	Briton Ferry
2023	Haaris Khan	Grange
2024		