



Year	Name	Club
1920	Jerry Welsh	Grange YMCA
1921	Jack Davies	Cardiff
1922	Jack Davies	Cardiff
1923	Jack Davies	Cardiff Central
1924	Jerry Welsh	Grange YMCA
1925	PC John Rees	Amman Valley and Liverpool Police
1926	Ben Marshall	Newport
1927	Danny Evans	Amman Valley
1928	Austin Anthony	Gabalfa
1929	Austin Anthony	Gabalfa
1930	Austin Anthony	Gabalfa
1931	Tommy Edmunds	Caerau
1932	Tommy Edmunds	Caerau
1933	Tommy Hopkins	Elyn
1934	Vic Horton	Maindee
1935	Ossie Davies	Unattached
1936	Vic Horton	Newport
1937	Tommy Purnell	Pill
1938	Tommy Purnell	Pill
1939	Dick Thomas	Caerau and Derby Police
1940	No competition	
1941	No competition	
1942	No competition	
1943	No competition	
1944	No competition	
1945	L/Cpl Wally Thom	Army
1946	Bob Burniston	Barry
1947	Tommy George	Cardiff Amateurs
1948	Terry Ratcliffe	Bristol*
1949	Gerald Ernest	Cardiff Amateurs
1950	David 'Darkie' Hughes	Cardiff Amateurs
1951	Eddie Lewis	Roath Youth
1952	Cyril Budge	Premier, Swansea
1953	Cyril Budge	Premier, Swansea
1954	Ken James	Pullman's, Ammanford
1955	Gerallt James	Pullman's, Ammanford
1956	John Colwell	Waunllwyd
1957	Dave Halliday	Cilfynydd
1958	Brian Nancurvis	Army
1959	Billy Phillips	Ebbw Vale
1960	Colin Humphreys	Porthcawl
1961	Peter Crane	Gwent
1962	John Savoury	Victoria Park
1963	Terry Cook	Ashley House, Pontypool
1964	Dennis Duffield	Victoria Park
1965	Ken Davies	Llanelli
1966	Peter Hughes	Bynea
1967	Dave Cranswick	Barry Sea Cadets
1968	Ken Jones	Trostre
1969	Mike McCluskie	Croeserw
1970	Mike McCluskie	Croeserw
1971	Dave Davies	Bangor YMCA
1972	Dave Davies	Bangor YMCA
1973	Errol McKenzie	Llandaff
1974	Errol McKenzie	Llandaff
1975	Wayne Bennett	New Tredegar
1976	Colin Jones	Penyrheol
1977	Colin Jones	Penyrheol
1978	Idris Ahmed	Prince of Wales
1979	Paul Lewis	Maindee
1980	Paul Lewis	Maindee
1981	Idris Ahmed	Prince of Wales
1982	Mike McDaid	Chepstow
1983	Billy Teague	Cymmer Afan
1984	Billy Teague	Cymmer Afan
1985	Billy Teague	Cymmer Afan
1986	Cliff Piper	Penarth
1987	Dave Andrews	Trelewis

1988	John Hudd	Penarth
1989	Russell Ivins	Cardiff YMCA
1990	Michael Smyth	Rhoose
1991	Joe Calzaghe	Newbridge
1992	Barry Thorogood	Highfields
1993	Karl Thomas	Pentwyn
1994	Karl Thomas	Pentwyn
1995	Paul Samuels	Crindau Harflequins
1996	Jason Williams	Gwent
1997	Anthony Smith	Highfields
1998	Lee Winney	Teifi Valley
1999	Karl Thomas	Pontypridd
2000	Stuart Phillips	Cwmavon Hornets
2001	Stuart Phillips	Cwmavon Hornets
2002	Tony Doherty	Pontypool and Panteg
2003	Tony Doherty	Pontypool and Panteg
2004	Aaron Thomas	Clwyd
2005	Leon Trott	Towy
2006	Robbie James	Merthyr Ex-Servicemen
2007	Daniel Richards	Heads of the Valleys
2008	Matthew Innes	Cwmbran
2009	Ryan Evans	Dowlais
2010	Joe Lovell	Deva
2011	Fred Evans	St Joseph's, Newport
2012	Kristian Nagle	Splott Adventure
2013	Daniel Williams	Merthyr Ex-Servicemen
2014	Jordan Thomas	Heads of the Valleys
2015	Kieran Gething	Pontypool and Panteg
2016	Sion Yaxley	Dyffryn
2017	Levi Griffiths	Cwmavon Hornets
2018	Sion Yaxley	Dyffryn
2019	Shane Taffetsauffer	Penyrheol
2020	No competition	
2021	Richard Williams	Llandudno
2022	Liam Taylor	Dyffryn
2023	Kian Davies	Prizefighter
2024		